



INDIVIDUALIZED MENTORING PLAN (IMP)

Program Year:	October 2009 – September 2010
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Mentee Name:	
Mentee Email:	
Mentee Phone:	

Mentor Name:	
Mentor Email:	
Mentor Phone:	

IMP Section <i>(This Document)</i>	Completion Date
Section 1: Learning <i>(Page 3)</i>	
Section 2: Connecting <i>(Page 4)</i>	
Section 3: Thriving <i>(Page 5)</i>	
Section 4: Working <i>(Page 6)</i>	
Section 5: Leading <i>(Page 7)</i>	
Section 6: The Disability Piece <i>(Page 8)</i>	
Development and Leadership Goals <i>(Page 2)</i>	
IMP Updates <i>(Separate Documents)</i>	Completion Date
IMP Quarterly Update 1 <i>(by March 31)</i>	
IMP Quarterly Update 2 <i>(by June 30)</i>	
Transition Plan <i>(by September 30)</i>	

DEVELOPMENT AND LEADERSHIP GOALS

After completing Sections 1 – 6 of this plan, develop three overall youth development and leadership goals.

1.) _____

2.) _____

3.) _____

Mentee Signature

Date

Mentor Signature

Date

ASSESSING

Identify three **traits or strengths of the mentee** to leverage and three areas for development in the area of Learning.

Strengths

- 1.) _____
- 2.) _____
- 3.) _____

Areas for Development

- 1.) _____
- 2.) _____
- 3.) _____

Identify three things that the **mentee** would like to **learn about** or **learn how to do** in the area of Learning over the next year.

- 1.) _____
- 2.) _____
- 3.) _____

ACTIONS and ACCOUNTABILITY

In the table below, identify specific **actions** the **mentor and mentee** will take over the next year to help the mentee grow in the area of Learning. Also, identify how the **mentor and mentee** will be **accountable** to each other to make sure these actions are completed.

	Actions <i>(What We Will Do)</i>	Accountability <i>(How We Know We Did It)</i>
Mentee		
Mentor		

ASSESSING

Identify three **traits or strengths of the mentee** to leverage and three areas for development in the area of Connecting.

Strengths

- 1.) _____
- 2.) _____
- 3.) _____

Areas for Development

- 1.) _____
- 2.) _____
- 3.) _____

Identify three things that the **mentee** would like to **learn about** or **learn how to do** in the area of Connecting over the next year.

- 1.) _____
- 2.) _____
- 3.) _____

ACTIONS and ACCOUNTABILITY

In the table below, identify specific **actions** the **mentor and mentee** will take over the next year to help the mentee grow in the area of Connecting. Also, identify how the **mentor and mentee** will be **accountable** to each other to make sure these actions are completed.

	Actions <i>(What We Will Do)</i>	Accountability <i>(How We Know We Did It)</i>
Mentee		
Mentor		

SECTION 3: THRIVING

Positive social behaviors, skills, and attitudes that are demonstrated by maintaining optimal physical and emotional wellbeing

ASSESSING

Identify three **traits or strengths of the mentee** to leverage and three areas for development in the area of Thriving.

Strengths

- 1.) _____
- 2.) _____
- 3.) _____

Areas for Development

- 1.) _____
- 2.) _____
- 3.) _____

Identify three things that the **mentee** would like to **learn about** or **learn how to do** in the area of Thriving over the next year.

- 1.) _____
- 2.) _____
- 3.) _____

ACTIONS and ACCOUNTABILITY

In the table below, identify specific **actions** the **mentor and mentee** will take over the next year to help the mentee grow in the area of Thriving. Also, identify how the **mentor and mentee** will be **accountable** to each other to make sure these actions are completed.

	Actions <i>(What We Will Do)</i>	Accountability <i>(How We Know We Did It)</i>
Mentee		
Mentor		

ASSESSING

Identify three **traits or strengths of the mentee** to leverage and three areas for development in the area of Working.

Strengths

- 1.) _____
- 2.) _____
- 3.) _____

Areas for Development

- 1.) _____
- 2.) _____
- 3.) _____

Identify three things that the **mentee** would like to **learn about** or **learn how to do** in the area of Working over the next year.

- 1.) _____
- 2.) _____
- 3.) _____

ACTIONS and ACCOUNTABILITY

In the table below, identify specific **actions** the **mentor and mentee** will take over the next year to help the mentee grow in the area of Working. Also, identify how the **mentor and mentee** will be **accountable** to each other to make sure these actions are completed.

	Actions <i>(What We Will Do)</i>	Accountability <i>(How We Know We Did It)</i>
Mentee		
Mentor		

ASSESSING

Identify three **traits or strengths of the mentee** to leverage and three areas for development in the area of Leading.

Strengths

- 1.) _____
- 2.) _____
- 3.) _____

Areas for Development

- 1.) _____
- 2.) _____
- 3.) _____

Identify three things that the **mentee** would like to **learn about** or **learn how to do** in the area of Leading over the next year.

- 1.) _____
- 2.) _____
- 3.) _____

ACTIONS and ACCOUNTABILITY

In the table below, identify specific **actions** the **mentor and mentee** will take over the next year to help the mentee grow in the area of Leading. Also, identify how the **mentor and mentee** will be **accountable** to each other to make sure these actions are completed.

	Actions <i>(What We Will Do)</i>	Accountability <i>(How We Know We Did It)</i>
Mentee		
Mentor		

SECTION 6: THE DISABILITY PIECE

List three things the **mentee would like to improve** upon as it relates to his/her **disability** (e.g., asking for accommodations, keeping track of their benefits information).

- 1.) _____
- 2.) _____
- 3.) _____

List three steps the **mentee** will take to learn more about disability history.

- 1.) _____
- 2.) _____
- 3.) _____

List three ways that the **mentor will help the mentee become more familiar** with organizations and leaders in the **disability community**.

- 1.) _____
- 2.) _____
- 3.) _____

Use the space below to record any additional information:
