



6355 Woodside Court
Columbia, MD 21046

About Us

Humanim is committed to supporting and empowering individuals who face social or economic challenges, by building pathways to economic equity, opportunity, and independence. Our Behavioral Health Department serves individuals struggling with mental illness and substance use disorders, and has for over 40 years. We embrace a person-centered recovery culture that empowers individuals to learn from their mistakes and successes and follow their own life's plan. Like all of Humanim's programs and services, our focus is on individualized care and self-empowerment.

Contact Us

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Psychiatric Rehabilitation

Humanim's Psychiatric Rehabilitation Day Program provides person-centered care and services for adults who are struggling with mental illness. Our program promotes increased independence, while allowing clients to focus on recovery and well-being within a structured and therapeutic environment. Through daily educational groups and participation in community integrative activities, clients learn how to better understand and manage their mental health symptoms, improve interpersonal and problem solving skills, as well as address any substance abuse disorders.

Services include:

- Illness Management and Recovery
- Community Based Activities
- Vocational, Work Readiness, and Education Readiness Instruction
- Recovery-based Substance Abuse Education
- Social and Problem Solving Skills
- Community Living and Self Advocacy Skills
- Case Management and Entitlements Assistance

Eligibility:

- Must be 18 years of age or older
- Must be a Howard County Resident
- Must have a psychiatric disorder that requires support services to function in the community
- Must not be actively suicidal, homicidal, or currently exhibiting violent, aggressive, or dangerous behaviors
- Must demonstrate commitment to being an active participant in the program