# The Wellness Program





#### **Overview**

The Wellness Program serves Temporary Cash Assistance (TCA) customers who are unable to participate in the Job Network program due to physical, cognitive and/or mental health disabilities. An orientation provides TCA customers with an overview of resources and services that are available to them. Customers then work closely with a case manager, who provides one-on-one assistance with individualized goals and action plans. The goal is to provide persons with disabilities and their families with resources, services, and support that will promote employment and self-sufficiency.

### Eligibility

- Customer must be a TCA recipient in Baltimore County.
- Customer must have a completed and approved medical exemption indicating a disability (of 12 months or more in duration).

#### Services

- Referrals to appropriate community providers (pain management, mental health therapists, substance use disorder treatment and legal assistance).
- Provide resources for vocational rehabilitation (DORS, psychiatric rehabilitation, supported employment).
- Assistance with applying for SSI/SSDI benefits, and appealing denied cases.
- Communication with medical providers and case coordination.
- Connect to job placement specialist for job placement assistance and/or volunteer opportunities.





## Workforce Solutions

Workforce Solutions is a division of Humanim. Since 1997, Humanim has partnered with the Baltimore County Department of Social Services and the Community College of Baltimore County to provide comprehensive workforce development services to recipients of Temporary Cash Assistance. This program is offered throughout Baltimore County.

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